

## HELPFUL RESOURCES

### [www.prenatalscreening.org.au](http://www.prenatalscreening.org.au)

Support for prospective parents to make informed choices about prenatal screening, diagnostic testing and continuing or terminating a pregnancy

### **Centre of Perinatal Excellence**

A directory of services and professionals with a focus on emotional and mental health during pregnancy

[www.cope.org.au](http://www.cope.org.au)

### **Down Syndrome Australia**

Information and support following increased chance screening results or a diagnosis of Down syndrome

[www.downsyndrome.org.au](http://www.downsyndrome.org.au)

### **Intersex Human Rights Australia (IHRA)**

A national charity by and for people with innate variations of sex characteristics

[www.ihra.org.au](http://www.ihra.org.au)

### **Intersex Peer Support Australia (IPSA)**

A peer support, information and advocacy group for people born with variations in sex characteristics and their families.

[www.isupport.org.au](http://www.isupport.org.au)

### **One Screened Every Minute**

A podcast presenting a series of interviews with people across Australia who have received increased chance screening results for a range of chromosomal conditions. Experiences include prospective parents who have continued the pregnancy as well as those who have chosen termination.

[www.onescreenedeveryminute.com](http://www.onescreenedeveryminute.com)

### **Genetic counselling services**

Via the Human Genetics Society of Australasia.

[www.hgsa.org.au](http://www.hgsa.org.au)

### **Support Organisation for Trisomy in Australia (SOFT)**

A network of families, professional and friends dedicated to the support and education of parents, family, friends and health professionals regarding the many complex issues and decisions surrounding the diagnosis and care of children who are diagnosed with a trisomy and other related chromosomal conditions

[www.soft.org.au](http://www.soft.org.au)

### **Through the Unexpected**

Searchable directory of condition specific support groups, psychosocial support services and information resources to inform parents through different pathways after a prenatal diagnosis.

[www.throughtheunexpected.org.au](http://www.throughtheunexpected.org.au)

Talking to your GP  
or specialist about an  
**INCREASED  
CHANCE  
PRENATAL  
SCREENING  
RESULT**  
for a chromosome condition

A resource to help you gather information  
as you navigate decision making.

[www.prenatalscreening.org.au](http://www.prenatalscreening.org.au)



## What would you like to ask your GP or specialist?

Consider the prompts below.

Yes/No	I would like to know more about:	Notes/GP or specialist response:
	The difference between an increased chance screening result and a diagnostic test	
	How likely the result is a false positive	
	How I can find out for sure if the pregnancy has a chromosome condition	
	The condition which has been identified including: <ul style="list-style-type: none"> <li>- expected life and health implications</li> <li>- supports available</li> <li>- experiences of people living with the condition and their families</li> </ul>	
	Specialist referral options <ul style="list-style-type: none"> <li>- Genetic Counselling</li> <li>- Maternal fetal medicine</li> </ul>	
	Counselling/psychosocial support available to me	

### Details about the care pathways available to me including:

### Notes/GP or specialist response:

	Diagnostic testing <ul style="list-style-type: none"> <li>- Tests available and timing</li> <li>- How results would contribute to management decisions</li> <li>- Risks of the test</li> <li>- Costs</li> <li>- Process/procedure</li> <li>- Result timeframes and implications for further</li> </ul>	
	Continuing the pregnancy without further investigation	
	Preparing for the birth of a child with a suspected genetic condition	
	Termination of pregnancy following diagnosis	

### You may have received an increased chance screening result from:

- Combined first trimester screening (CFTS)
- A non-invasive prenatal screening test (NIPT/ NIPS)
- Second trimester serum screening (triple test)

### The screening result may have indicated your pregnancy has \ an increased chance of one of the following conditions:

- T21 (Down syndrome)
- T18 (Edwards syndrome)
- T13 (Patau syndrome)
- A sex chromosome condition (such as Turner syndrome, Klinefelter syndrome, Triple X or Jacob syndrome)
- A less common chromosome condition (such as trisomy 15 or trisomy 22)

