

The choices people make about screening are individual and varied. It is your decision to accept or decline prenatal screening for chromosome conditions.

### **HELPFUL RESOURCES**

### www.prenatalscreening.org.au

Support for prospective parents to make informed choices about prenatal screening, diagnostic testing and continuing or terminating a pregnancy

### It's your choice

Web based decision aid for people who want to learn more about prenatal screening https://yourchoice.mcri.edu.au/dashboard







Talking to your GP about

# PRENATAL SCREENING

for chromosome conditions including Down syndrome

A resource to help you better understand the prenatal screening options available so you can make a decision that is right for you.

www.prenatalscreening.org.au



## What would you like to ask your GP?

Before your next appointment, consider the prompts below.

Yes/No	I would like to know more about:	Notes/GP response:
	Expected life and health implications for each of the conditions which are the subject of screening	
	The differences between screening and diagnostic tests	
	The pathway and process for screening (how, when, where and what)	
	Counselling/psychosocial support available to me	
	The costs involved	
	How an increased chance result would be shared with me	
	How I could find out for sure if the pregnancy has a chromosome condition	
	What my options would be if an increased chance result was returned	
	Continuing the pregnancy without any screening	

#### The screening tests available for chromosome conditions during pregnancy are:

- Combined first trimester screening (CFTS)
- Non-invasive prenatal screening test (NIPT/NIPS)
- Second trimester serum screening (triple test)

Diagnostic tests are typically offered following an increased chance screening result. The diagnostic tests available for chromosome conditions during pregnancy are:

- Chorionic Villus Sampling (CVS)
- Amniocentesis

### Conditions which are the subject of prenatal chromosome screening include:

- T21 (Down syndrome)
- T18 (Edwards syndrome)
- T13 (Patau syndrome)
- Sex chromosome conditions