

HELPFUL RESOURCES

www.prenatalscreening.org.au

Support for prospective parents to make informed choices about prenatal screening, diagnostic testing and continuing or terminating a pregnancy

Centre of Perinatal Excellence

A directory of services and professionals with a focus on emotional and mental health during pregnancy

www.cope.org.au

Down Syndrome Australia

Information and support following increased chance screening results or a diagnosis of Down syndrome

www.downsyndrome.org.au

Intersex Human Rights Australia (IHRA)

A national charity by and for people with innate variations of sex characteristics

www.ihra.org.au

Intersex Peer Support Australia (IPSA)

A peer support, information and advocacy group for people born with variations in sex characteristics and their families.

www.isupport.org.au

One Screened Every Minute

A podcast presenting a series of interviews with people across Australia who have received increased chance screening results for a range of chromosomal conditions. Experiences include prospective parents who have continued the pregnancy as well as those who have chosen termination.

www.onescreenedeveryminute.com

Genetic counselling services

Via the Human Genetics Society of Australasia.

www.hgsa.org.au

Support Organisation for Trisomy in Australia (SOFT)

A network of families, professional and friends dedicated to the support and education of parents, family, friends and health professionals regarding the many complex issues and decisions surrounding the diagnosis and care of children who are diagnosed with a trisomy and other related chromosomal conditions

www.soft.org.au

Through the Unexpected

Searchable directory of condition specific support groups, psychosocial support services and information resources to inform parents through different pathways after a prenatal diagnosis.

www.throughtheunexpected.org.au

Marie Stopes Australia

Offers access to termination of pregnancy.

www.msiaustralia.org.au

Talking to your GP
or specialist about
**PRENATAL
DIAGNOSIS**
of a chromosome condition

A resource to help you gather information
as you navigate decision making.



What would you like to ask your GP or specialist?

Consider the prompts below.

Yes/No	I would like to know more about:	Notes/GP or specialist response:
	The condition which has been identified including: <ul style="list-style-type: none"> - expected life and health implications - supports available - experiences of people living with the condition and their families 	
	Referral options <ul style="list-style-type: none"> - Genetic counselling - Maternal fetal medicine - Diagnosis specific support groups - Termination of pregnancy 	
	Counselling/psychosocial support available to me.	

Details about the care pathways available to me including:

Notes/GP or specialist response:

	Continuing the pregnancy <ul style="list-style-type: none"> - implications for ongoing pregnancy care 	
	Counselling/psychosocial support available to me	
	Preparing for the birth of a child with a chromosome condition <ul style="list-style-type: none"> - connecting with diagnosis specific support groups 	
	Alternative care arrangements	
	Termination of pregnancy	

You may have undertaken one of the following diagnostic tests:

- Chorionic Villus Sampling (CVS) or
- Amniocentesis

The result may have confirmed the pregnancy or baby has one of the following chromosome conditions:

- T21 (Down syndrome)
- T18 (Edwards syndrome)
- T13 (Patau syndrome)
- A sex chromosome condition (such as Turner syndrome, Klinefelter syndrome, Triple X or Jacob syndrome)
- A less common chromosome condition (such as trisomy 15 or trisomy 22)

