



## FACT SHEET - Prospective Parents - Diagnostic Options

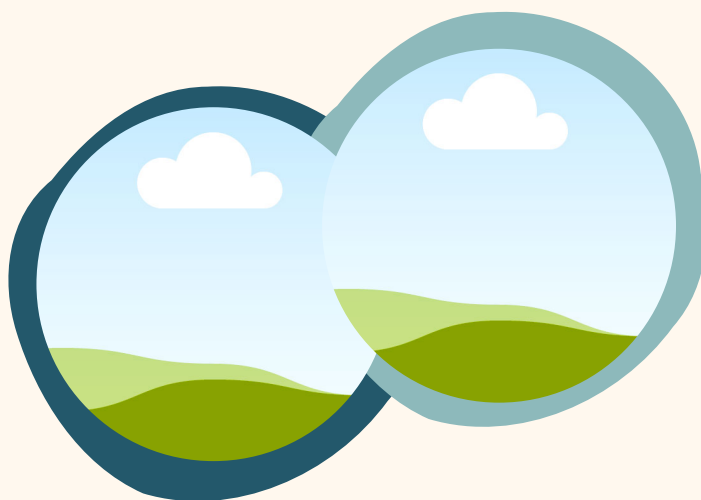
*This video, produced by Washington Health provides an excellent overview of the prenatal screening and diagnostic testing processes and the choices prospective parents have on this journey.*

There are options when undertaking further testing with diagnostic tests. This is YOUR choice whether or not to undertake diagnostic testing.

Where screening results indicate a higher chance of Down syndrome or another chromosomal difference, you should be offered diagnostic testing. A specialist referral is recommended to provide you with the information required about what is most appropriate in the clinical circumstances.

If you choose to have a diagnostic test, the choice of test should be based on gestational age:

- Chorionic villus sampling (or CVS) before 14 weeks pregnancy, and;
- Amniocentesis after 15 weeks. (Pregnancy Care Guidelines, 2020).



For more information, see further resources on two different types of diagnostic testing:

<https://rancog.edu.au/wp-content/uploads/2022/06/Chorionic-villus-sampling-CVS.pdf>

<https://rancog.edu.au/wp-content/uploads/2022/05/Amniocentesis.pdf>

## References

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Australian Government Department of Health. (2020). Pregnancy Care Clinical Practice Guidelines.

<https://www.health.gov.au/resources/pregnancy-care-guidelines>

Down Syndrome Queensland. (2022). Practice Resource – Prenatal Screening for Chromosomal Conditions including Down syndrome.

<https://prenatalscreening.org.au/wp-content/uploads/2022/08/Prenatal-Screening-Practice-Resource.pdf>

Washington State Health Department. (2022). How to Decide About Prenatal Genetic Testing. [Video]. <https://www.youtube.com/watch?v=TdvEBZZBy8w&t=1s>